



International Day of Older Persons and National Seniors Day

October 1 is International Day of Older Persons and National Seniors Day in Canada. Read the transcript below or click on the link to view the message from the Seniors' Advocate: <https://www.facebook.com/share/v/1DdUReEUcN/>

Video Transcript:

"Today, we join people around the world in celebrating International Day of Older Persons. This year's theme: Older Persons Driving Local and Global Action: Our Aspirations, Our Well-Being, Our Rights, recognizes the vital role that older adults play in shaping our communities and our world.

Older persons are not only our parents, grandparents, neighbours, and friends; they are also experts, advocates, and change-makers. From leading community initiatives here in Newfoundland and Labrador to advancing human rights and equity worldwide, older adults are driving action that benefits all generations.

This day reminds us that older persons have aspirations that deserve to be heard, rights that must be protected, and contributions that strengthen our collective well-being. In Newfoundland and Labrador, we see these values every day. Whether it's building age-friendly communities, mentoring younger generations, or lending wisdom and resilience in times of challenge, older adults are leaders who inspire action close to home and across the globe.

As the Seniors' Advocate, I am committed to ensuring that the voices of older persons are not only heard, but also acted upon. Together, we can create inclusive, intergenerational communities where dignity, participation, and respect are at the heart of our society.

On this International Day of Older Persons, let us celebrate the power, the leadership, and the rights of older adults, today and every day".

Susan Walsh
Seniors' Advocate Newfoundland and Labrador